



Unveiling Excellence

# USTM

## Brief Report *on* Faculty Development Programme 2017-18

### UNIVERSITY OF SCIENCE & TECHNOLOGY, MEGHALAYA



## **BRIEF REPORT**

**DATE:** 4<sup>th</sup> November – 17<sup>th</sup> November, 2017

**VENUE:** Conference Hall, Administrative Block, USTM

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| <b>1. NAME OF THE PROGRAM</b>        | <b>: Faculty Development Program</b> |
| <b>2. TOPIC OF THE PROGRAM</b>       | <b>: ‘Art of Living’</b>             |
| <b>3. ACADEMIC YEAR</b>              | <b>: 2017-2018</b>                   |
| <b>4. NUMBER OF RESOURCE PERSONS</b> | <b>: 3</b>                           |
| <b>5. NUMBER OF PARTICIPANTS</b>     | <b>: 40 (Enclosed the list)</b>      |
| <b>6. ORGANIZED BY</b>               | <b>: USTM under IQAC initiative</b>  |
| <b>7. BRIEF PROGRAM REPORT:</b>      |                                      |

This fourteen days Faculty Development Programme on ‘**Art of Living**’ was successfully conducted at University of Science & Technology, Meghalaya (USTM) from 04/11/2017 to 17/11/2017. A total number of 40 faculty members from various departments of USTM have participated in this FDP. Experts of the programme have taken various sessions regarding the topic. Some of the sessions included in the programme were: yoga, meditation, stress management, effective communication, handling complaints and problems in college environment, dynamism and crossing boundaries, ethics in team work, holistic rejuvenation of body and mind system, experiential teaching, being inspired and inspiring others, etc. •

### **PHOTO GALLERY**



**Few representative photographs of the FDP**

## LIST OF FACULTY MEMBERS PARTICIPATED IN THE FDP-ART OF LIVING

Sr. no	Name of the Faculty	Department
1.	DR SANCHITA ROY	Department of Physics
2.	DR GITANJAL DEKA	Department of Physics
3.	DR SHAZIDA BEGUM	Department of Mathematics
4.	DR TAZMIN SULTANA	Department of Mathematics
5.	DR RANJAN DUTTA KALITA	Department of Applied Biology
6.	DR JAYABRATA SAHA	Department of Applied Biology
7.	ANUSUYA BARTHAHAKUR	Department of Applied Biology
8.	DR SUFIAN AHMED TAPADAR	Department of Botany
9.	MR ANGSHUMAN DUTTA	Department of Business Administration
10.	MR RAJA BAISHYA	Department of Botany
11.	DR AFSANA AMIN	Department of Sociology
12.	DR NAZIA PARBIN	Department of Sociology
13.	SWORD RONRA SHIMRAY	Department of Social Work
14.	UDIPTA SINGHA LAHKAR	Department of Social Work
15.	DR PRANAMI BHATTACHARJYA	Department of English
16.	DR BEDASHREE DAS	Department of English
17.	ANKUR GOSWAMI	Department of English
18.	JYOTI KONWAR	Department of English
19.	SHALIM M.HUSSAIN	Department of English
20.	RINIVA THAKURIA	Department of English
21.	DR ANIRUDDHA K. BORO	Department of Political Science
22.	DR Y. MONOJIT SINGHA	Department of Political Science
23.	ADRITA GOGOI	Department of Political Science
24.	MS SAMPURNA DUTTA	Department of Political Science
25.	DR SARU JOSHI	PQSE
26.	DR MD. DELOWAR HUSSAIN	PQSE
27.	DR MOUCHUMI DEKA	PQSE
28.	FARIZA SAIDIN	PQSE
29.	SARMISTHA CHOUDHURY	PQSE
30.	SUDESHNA NATH	PQSE
31.	KULCHUMA CHOUDHURY	PQSE
32.	INDRAJIT DAS	PQSE
33.	HIMI SAIKIA	PQSE
34.	DR DEBOJEET SAHU	Department of Chemistry
35.	DR MOUTUSI DAS	Department of Chemistry
36.	DR UTTAM THAPA	Department of Chemistry
37.	DR JESMINE BEGUM	Department of Chemistry
38.	HIMADRI DUWARAH	Department of Electronics
39.	JEEMONI KALITA	Department of Electronics
40.	RISHIPARNA CHOUDHURY	Department of Electronics



**DETAIL REPORT****1. SUMMARY SHEET**

Name of the Program:	Faculty Improvement Program on ‘ <b>Art of Living</b> ’
Organizer:	University of Science & Technology, Meghalaya
Venue:	Adminidtrative Block
Duration of the Programme:	14 days
Date of the commencement:	4 <sup>th</sup> November, 2017
Date of Conclusion:	17 <sup>th</sup> November, 2017
Total Participants:	40
Total Male Participants:	16
Total Female Participnats:	24
Total Resource Person attended:	Three

**2. About Organizer:**

University of Science & Technology, Meghalaya is the first State Private University on Science & Technology in entire North East India, sponsored by Education Reseach and Development Foundation (ERDF). The University is being established in more than 400 acres of picturesque landscape surrounded by tranquil led greenery in Assam Meghalaya border, just one kilometer from GS Road, Baridua, 9<sup>th</sup> mile, opposite to CRPF Camp, Ri-Bhoi District of meghalaya. It is about 85 kilometers from Shillong, the Capital of Meghalaya and 6 kilometers from Dispur, the Capital of Assam and 36 kilometers from Guwahati International Airport. The University is also having its own helipad within the campus.

**3. Inauguration:**

This faculty Development program on ‘**Art of Living**’ was inaugurated by Mr. M Haque, honourable Chancellor of University of Science & Technology, Meghalaya, on 4<sup>th</sup> Of November, 2017 in the Administrative Block of USTM Campus. All India Council for Technical Education (AICTE), New Delhi Launched this 14-day-long national level Faculty Development Programme (FDP) on Art of Living at the Conference hall of the University of Science and Technology Meghalaya (USTM), Techno City campus at 9th Mile, Ri Bhoi. The programme is being organized by USTM under IQAC initiative and is sponsored by the All India Council for Technical Education (AICTE), New Delhi. •In the inaugural session of the Programme, Prof Malkhede, who was the Chief Guest, said that though introducing a training programme on a subject like Art of Living in a technical institution is not that common, there is a need for conducting such workshops in view of the tremendous amount of stress that students as well as teachers have to undergo now-a-days.



**4. About the various sessions of the Program:**

This 14-days Faculty Development Programme on ‘**Art of Living**’ was successfully conducted at University of Science & Technology, Meghalaya (USTM) from 04/11/2017 to 16/11/2017. A total number of 40 participants/ faculty members from various departments of USTM attended this FDP. Various sessions started after the inaugural session.

“Teachers are the only medium to reach the heart and mind of the students and “Art of Living” has the potential to contribute in this direction by helping teachers learn how to release stress and improve the energy level for educational excellence” - this was stated today by Prof Dileep Malkhede, Advisor, All India Council for Technical Education (AICTE), New Delhi. He expressed his happiness and highly praised USTM for applying such a unique project to AICTE that can help the faculties and students alike. In his address, he announced several upcoming schemes by the Central Government such as scholarship for girl students, schemes for physically challenged students that will be launched soon by the Government of India. □ Prof. Amarjyoti Choudhury, Vice Chancellor, USTM also graced the occasion and said that controlling our vibrations or breath is very important while learning the art of living. He expressed his hope that the teacher will be benefitted by the programme by learning to release stress in life. □ Expert faculties from AICTE approved NGO “the Art of Living” will conduct the programme. Speaking on the occasion, Dr. Shanti Medhi, Gynaecologist and Senior Faculty, Art of Living said that the main aim of Art of Living is stress release. Mr. Deba Kumar Baruah, State Teachers Coordinator, Assam and Faculty, Art of Living also address the participants and spoke on yoga, life skill and how to increase energy level for performance in life. □ Participation certificates will be issued to the candidates who attend the programme in full. Some of the sessions included in the programme are: yoga, meditation, stress management, effective communication, handling complaints and problems in college environment, dynamism and crossing boundaries, ethics in team work, engineering as a profession, holistic rejuvenation of body and mind system, experiential teaching, being inspired and inspiring others, etc. □

**5. Valedictory Function**

The 14 day national level Faculty Development Programme (FDP) on ‘Art of Living’ has come to a successful end today at the University of Science and Technology Meghalaya (USTM), Techno City campus at 9th Mile, Ri Bhoi. □ Addressing the valedictory session, Samir Baruah, VVMVP, Art of Living said, “Art of living teaches to enjoy every moment of life. It is a journey from the head to the heart”. He said that if people work with a sense of belongingness, they do not get tired. Art of living is a way of life in three levels—physical, mental and spiritual, he added. □ Speaking on the occasion, Prof. Alaka Sharma, noted social activist and Dean, School of Social Sciences and Humanities, USTM said that everybody

wants happiness and freedom from pain, though the concept of pain may vary. “Art of living teaches how to reach more happiness and get freedom from pain. A teacher who can live in the present moment can be a very inspiring teacher who can create leaders”, she said. The good thing about Art of Living is that there are simple exercises performing which we can acquire higher level of happiness and freedom from pain. Our basic job is to create moments of happiness, she added.□Addressing the participants, Prof. Amarjyoti Choudhury, Vice Chancellor, USTM thanked AICTE for supporting a course like Art of Living, which he termed as a ‘visionary’ step forward towards developing faculties by helping them to release their stress. He also thanked all the members of the Art of living team for imparting a 14-day-long session.□In his address, Mahbubul Hoque, honourable Chancellor, USTM said that releasing stress is very important for the faculties in order to enjoy their work. Thanking AICTE for sponsoring the programme, he expressed hope that all the faculties who have attended the workshop have been highly benefitted.□Expert faculties from AICTE approved NGO “the Art of Living” conducted the programme. While addressing the participants, Mr. Deba Kumar Baruah, State Teachers Coordinator, Assam and Faculty, Art of Living expressed his satisfaction and shared his experience of the camp. He spoke on yoga, life skill and how to increase energy level for performance in life.□ Participation certificates were issued to the candidates who attended the programme.



Participants along with Resource Person

## **BRIEF REPORT**

**DATE:** 15<sup>th</sup> December to 23<sup>rd</sup> December, 2017

**VENUE:** D Block, USTM

- |                                      |  |
|--------------------------------------|--|
| <b>1. NAME OF THE PROGRAM</b>        | <b>: Faculty Improvement Program</b>           |
| <b>2. TOPIC OF THE PROGRAM</b>       | <b>: ‘Professional Ethics and Development’</b> |
| <b>3. ACADEMIC YEAR</b>              | <b>: 2017-2018</b>                             |
| <b>4. NUMBER OF RESOURCE PERSONS</b> | <b>: 3</b>                                     |
| <b>5. NUMBER OF PARTICIPANTS</b>     | <b>: 40 (Enclosed the list)</b>                |
| <b>6. ORGANIZED BY</b>               | <b>: USTM under IQAC initiative</b>            |
| <b>7. TEACHER IN-CHARGE</b>          | <b>: Dr. Rashmi Baruah</b>                     |
| <b>8. BRIEF PROGRAM REPORT:</b>      |  |

This eight days Faculty Improvement Programme on ‘**Professional Ethics and Development**’ was successfully conducted at University of Science & Technology, Meghalaya (USTM) from 15/12/2017 to 23/12/2017. A total number of 40 faculty members from various departments of USTM have participated in this FDP. Three experts were invited in this FDP as resource persons and they have taken various sessions regarding Professional ethics and Moral Values, Importance of Professional Development in Education Sector etc.

### **PHOTO GALLERY**



**Few representative photographs of the FDP**



## LIST OF FACULTY MEMBERS PARTICIPATED IN THE FIP

Sl no	Name of the faculty	Name of the Department
1	GITUMONI SARMA	Department of Mathematics
2	DR MAYURI DEVI	Department of Physics
3	MR NITU BORGOHAIN	Department of Physics
4	GAUTAM GOGOI	Department of Library Science
5	RAJESH CHUTIA	Department of Library Science
6	DR. PAPIYA DUTTA	Department of Rural Development
7	RANJANA DEKA	Department of Applied Biology
8	DR KUNJA KUSUM KAKOTY	Department of PQSE
9	DR JUNALI CHETIA	Department of PQSE
10	ALI BORDOLOI	Department of PQSE
11	AMINUL HUSSAIN	Department of Social Work
12	A C TALUKDAR	Department of Political Science
13	DR RASHMI BARUAH	Department of Business Administration
14	DR ENAMUL KARIM	Department of Chemistry
15	DR. AJMAL BARBHUIYA	Department of Chemistry
16	DR.DURLOV SAIKIA	Department of Chemistry
17	DR. NASHIMUN NESA	Department of Applied Biology
18	DR SANKAR THAPPA	Department of Earth Science
19	DR PAYEL CHAUDHURI	Department of Earth Science
20	DR ZACHARIAS TIRKEY	Department of Public Administration
21	MS.PRAMASA SAIKIA	Department of English
22	MS.SUKANYA KASHYAP	Department of English
23	DR PRATEETI BARMAN	Department of Socialwork
24	DR ALPANA CHOUDHURY	Department of Sociology
25	MR BAHARUL ISLAM	Department of Sociology
26	DR NABARUN PURKAYASHTHA	Department of Sociology
27	MS BIBHA RANI SWARGIARY	Department of Socialwork
28	DR. AMIT CHOUDHURY	Department of Business Administration
29	DR.BAKTIAR HUSSAIN	Department of Zoology
30	REJAUL KARIM AHMED	Department of Zoology
31	DR.BULBUL ACHERJYA	Department of Zoology
32	DR. AKAN DAS	Department of Applied Biology
33	DR RANEE DAS	Department of Botany
34	DR. BEDABATI CHOUDHURY	Department of Botany
35	DR MILU RANI DAS	Department of Botany
36	SONY KUMARI	Department of Applied Science
37	DEBOJA SHARMA	Department of Applied Science
38	SHOFIUR RAHMAN	Department of Commerce
39	SABITA DUTTA	Department of Commerce
40	DR. ANUP BORDOLOI	Department of Electronics

**DETAIL REPORT****5. SUMMARY SHEET**

Name of the Program:	Faculty Improvement Program on ' <b>Professional Ethics and Development</b> '
Organizer:	University of Science & Technology, Meghalaya
Venue:	D Block
Duration of the Programme:	8 days
Date of the commencement:	15 <sup>th</sup> December, 2017
Date of Conclusion:	23 <sup>rd</sup> December, 2017
Total Participants:	40
Total Male Participants:	18
Total Female Participnats:	22
Total Resource Person attended:	Three

**6. About Organizer:**

University of Science & Technology, Meghalaya is the first State Private University on Science & Technology in entire North East India, sponsored by Education Reseach and Development Foundation (ERDF). The University is being established in more than 400 acres of picturesque landscape surrounded by tranquil led greenery in Assam Meghalaya border, just one kilometer from GS Road, Baridua, 9<sup>th</sup> mile, opposite to CRPF Camp, Ri-Bhoi District of meghalaya. It is about 85 kilometers from Shillong, the Capital of Meghalaya and 6 kilometers from Dispur, the Capital of Assam and 36 kilometers from Guwahati International Airport. The University is also having its own helipad within the campus.

**7. Inauguration:**

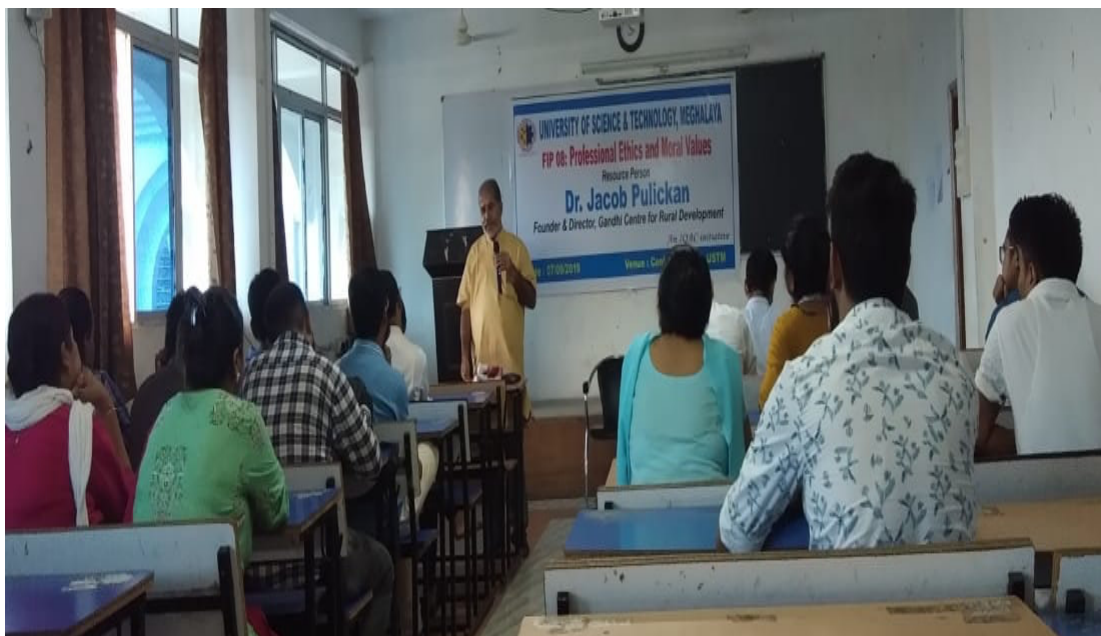
This faculty improvement program on '**Professional Ethics and Development**' was inaugurated by the Vice Chancellor of University of Science & Technology, Meghalaya, on 15<sup>th</sup> December, 2017 in the D Block of USTM Campus. He has also explained the need and requirement of knowledge regaring Professional Ethics and Development among faculty members. The welcome address of the inaugural session of the programme was given by the Dr. Amit Choudhury, Dean, School of Business Science, USTM.

**4. About the various sessions of the Program:**

This eight days Faculty Improvement Programme on '**Professional Ethics and Development**' was successfully conducted at University of Science & Technology, Meghalaya (USTM) from 15/12/2017 to

23/12/2017. A total number of 40 participants/ faculty members from various departments of USTM attended this FDP. Various sessions started after the inaugural session.

We had with us Dr Jacob Pulickan, Founder & Director, Gandhi Centre for Rural Development as our resource person for the programme and he has shared his knowledge with participants in Day 1 and Day 2 on various sub topics come under “Professional Ethics and Moral Values”.



*Faculty members along with resource person Dr. Jacob Pulickan*

On Day 1, Dr Jacob Pulickan emphasised on the importance of Professional ethics, in today's fast paced world. According to him moral values reflect an individual's character and spirituality. They help in building good relationships in personal as well as professional lives. They can help in eradicating problems like dishonesty, violence, cheating, and jealousy from one's life.



*Dr. Jacob Pulickan delivering lecture*



On Day 2, Dr Pulickan said that the moral values in life hold great importance from the point of personal, social and spiritual development. Ethics, on the other hand, are how we actually do behave in the face of difficult situations that test our moral fibre. He also added that Ethics are the code or principles on which one's character depend. Ethics and character are closely related. Values are essential to ethics develop at an early age and can be instrumental to building character.

The topic on Day 3, Day 4 and Day 5 of the FDP was "Importance of Professional Development in Education". And we had with us Mr. N. I. Laskar as our resource person for these three days. Mr. N. I. Laskar emphasised on the Effective professional development enables educators to develop the knowledge and skills they need to address students' learning challenges.



*Faculty members along with resource person Mr. N. I. Laskar in Day 3*

Mr. Laskar also added that Professional development is not effective unless it causes teachers to improve their instruction or causes administrators to become better school leaders.



*Resource person Mr. N. I. Laskar delivering the lecture*

Mr. Laskar also added that in education, the term professional development may be used in reference to a wide variety of specialized training, formal education, or advanced professional learning intended to help administrators, teachers, and other educators improve their professional knowledge, competence, skill, and effectiveness. According to him Professional development for teachers is a necessary part of the job

It was followed by the lecture by the eminent speaker Prof Abdul Mannan, Former UGC Chairman, Bangladesh in Day 6 and Day 7 of the FDP. The topic on these two days was 'Professional Ethics' and importance of it amongst students.



*Prof. Abdul Mannan delivering the lecture*



*Faculty members along with Prof. Abdul Mannan*

Each of the lectures were followed by an interactive session where each of the participants were made to introspect and revive one's conscious thoughts for the betterment of one's own self, organisation and society as a whole.



*Faculty members attending the FDP*

All these sessions were followed by the interactive session by the eminent speaker Prof Abdul Mannan, on Day 8 and then followed by Valedictory program. This eight days Faculty Improvement programs was designed to improve the performance of faculty members in education, research and administration as well as augmenting organizational capacities and culture and Participation certificates were distributed among the faculty members.

## **5. Valedictory Function**

The programme came to an end with valedictory programme on 23<sup>rd</sup> December 2017, with an address by the honourable Chancellor of USTM. At the outset a welcome address was given by Dr. Alpana Choudhury, Director, Student Welfare USTM. It was preceded over by Mr. M. Hoques, honourable Chancellor, USTM. He explained briefly the importance of Professional Development and understanding Ethics in today's scenario. The program co-ordinator Dr. Rashmi Baruah gave a summary of the program and then ended the FDP with vote of thanks.

## **6. Resource Person**

Three experts related to the topics have been called as Resource Persons for the program. They are Dr. Jakob Pulickan, Mr. N. I. Laskar and Prof. Abdul Mannan.



## **BRIEF REPORT**

**DATE:** 5<sup>th</sup> January to 11<sup>th</sup> January, 2018

**VENUE:** C Block, USTM

- |                                      |   |
|--------------------------------------|---|
| <b>1. NAME OF THE PROGRAM</b>        | <b>: Short Term Course</b>                      |
| <b>2. TOPIC OF THE PROGRAM</b>       | <b>: “Work Life Balance of Faculty Members”</b> |
| <b>3. ACADEMIC YEAR</b>              | <b>: 2017-2018</b>                              |
| <b>4. NUMBER OF RESOURCE PERSONS</b> | <b>: 2</b>                                      |
| <b>5. NUMBER OF PARTICIPANTS</b>     | <b>: 42 (Enclosed the list)</b>                 |
| <b>6. ORGANIZED BY</b>               | <b>: USTM under IQAC initiative</b>             |
| <b>7. TEACHER IN-CHARGE</b>          | <b>: Dr. Rashmi Baruah</b>                      |
| <b>8. BRIEF PROGRAM REPORT:</b>      |   |

This seven days Short Term Course on ‘**Work Life Balance of Faculty Members**’ conducted successfully from 5<sup>th</sup> January, 2018 to 11<sup>th</sup> January, 2018 at University of Science & Technology, Meghalaya (USTM). This Short Term Course was attended by a total number of 42 participants/ faculty members from various departments of USTM. Two experts Dr. Satya B. Borgohain, Director Personnel, NEEPCO, and Mr Parag Phukan, Former VP, RIL were called as resource persons and they talked on various sub-topics related to ‘Work Life Balance’

## **PHOTO GALLERY**



*Few representative photographs of the Short Term Course*

**LIST OF FACULTY MEMBERS PARTICIPATED IN THE SHORT TERM COURSE**

Sl no	Name of the faculty	Department
1	DEBASHISH BORAH	Department of Applied Biology
2	SATYAKAM AGARWALA	Department of Applied Biology
3	MS.NINJA BEGUM	Department of Applied Biology
4	DR.SERAM ANIL SING	Department of Applied Biology
5	DR SAIYYAD ALAMDAR HUSAIN	Department of Applied Biology
6	MAUTUSHI DAS	Department of Botany
7	DR BHABANANDA BARUAH	Department of Botany
8	DR. ANIMESH GOGOI	Department of Botany
9	DR.JYOTISHMAN DEKA	Department of Botany
10	DR. TARUN CHANDRA SARMA	Department of Botany
11	DR ANURADHA SINHA	Department of Economics
12	DR. ABDUR RASHID	Department of Commerce
13	SUBHASH LIMBU	Department of Commerce
14	ROBIUL AWAL	Department of Commerce
15	POLAKSHI BHATTACHARYA	Department of Commerce
16	NABASHMITA BORDOLOI	Department of Commerce
17	DR SUJIT SIKDAR	Department of Commerce
18	DR BHAIKAB SARMA	Department of Electronics
19	DR KANAK CH. BORA	Department of Electronics
20	DR. MD.ABDUL BARIK	Department of Electronics
21	NITUMONI SARMA	Department of Electronics
22	MS.JYOTI HATI BORUAH	Department of Business Administration
23	MR RUPAM ROY	Department of Business Administration
24	DR MOUSUMI CHOUDHURY	Department of Business Administration
25	DR DIPANKAR DUTTA	Department of Zoology
26	DR ALIKA PHUKAN BORA	Department of Zoology
27	WANAZ N ISLAM	Department of Zoology
28	DR YUMNAM LOKESHWAR SINGH	Department of Zoology
29	DR.PRABAL SARKAR	Department of Zoology
30	DR SANDEEP GUPTA	Department of Sociology
31	DR KIMTY DAS	Department of Sociology
32	MS.GIRIMALLIKA SARMA	Department of Social Work
33	MS.SANGITA MAHANTA	Department of Social Work
34	DR PRIYAMBADA DEVI	Department of Sociology
35	DR.KUGHATOLI V. AYE	Department of Sociology
36	LALIT SAIKIA	Department of Earth Science
37	DR. EAHYA AL HUDA	Department of Earth Science
38	DR.ANINDITA BHATTACHARYA	Department of Earth Science
39	DR SUBHASHISH ROY	Department of Chemistry
40	DR.JATINDRA NATH GANGULI	Department of Chemistry
41	DR.SARIFUDDIN GAZI	Department of Chemistry
42	SAIKAT MAZUMDAR	Department of Political Science

## DETAIL REPORT

### 1. SUMMARY SHEET

Name of the Program:	Short Term Course on ' <b>Work Life Balance of Faculty Members</b> '
Organizer:	University of Science & Technology, Meghalaya
Venue:	C Block
Duration of the Programme:	7 days
Date of the commencement:	5 <sup>th</sup> January 2018
Date of Conclusion:	11 <sup>th</sup> January 2018
Total Participants:	42
Total Male Participants:	26
Total Female Participnats:	16
Total Resource Person attended:	Two

### 2. About Organizer:

University of Science & Technology, Meghalaya is the first State Private University on Science & Technology in entire North East India, sponsored by Education Reseach and Development Foundation (ERDF). The University is being established in more than 400 acres of picturesque landscape surrounded by tranquil led greenery in Assam Meghalaya border, just one kilometer from GS Road, Baridua, 9<sup>th</sup> mile, opposite to CRPF Camp, Ri-Bhoi District of meghalaya. It is about 85 kilometers from Shillong, the Capital of Meghalaya and 6 kilometers from Dispur, the Capital of Assam and 36 kilometers from Guwahati International Airport. The University is also having its own helipad within the campus.

### 3. Inauguration:

This Short Term Course on '**Work Life Balance of Faculty Members**' was inaugurated by Dr. P.K. Goswami, Chancellor of University of Science & Technology, Meghalaya, on 5<sup>th</sup> January, 2018 in the C Block of USTM Campus. He has also explained the need and requirement of knowledge regarding Work Life Balance of faculty members and how important it is for each and every employee to maintain work life balance to increase his/her productivity. The welcome address of the inaugural session of the programme was given by the Dr. Rashmi Baruah, Business Administration Department, USTM.

### 4. About the various sessions of the Program:

This seven days Short Term Course on '**Work Life Balance of Faculty Members**' was successfully conducted at University of Science & Technology, Meghalaya (USTM) from 05/01/2018 to 11/01/2018. A total number of 42 participants/ faculty members from various departments of USTM attended this short term course. Various sessions started after the inaugural session.

We had with us Dr. Satya B. Borgohain and Mr. Parag Phukan as resource persons. Dr Satya Borgohain is the former Director of a Schedule 'A' CPSE and he has 38 years of post-qualifications experience. Mr Parag Phukan is a former Vice President of RIL





*Short Term Course on Work Life Balance of Faculty Members*

Sessions of Day 1 to Day 4 were taken by Dr S. Borgohain. He explained the importance of Work Life Balance. According to him Work-life balance is a term commonly used to describe the balance that a working individual needs between time allocated for work and other aspects of life. He also added that areas of life other than work-life can include personal interests, family and social or leisure activities.



*Faculty members along with resource person Dr. S. Borgohain*

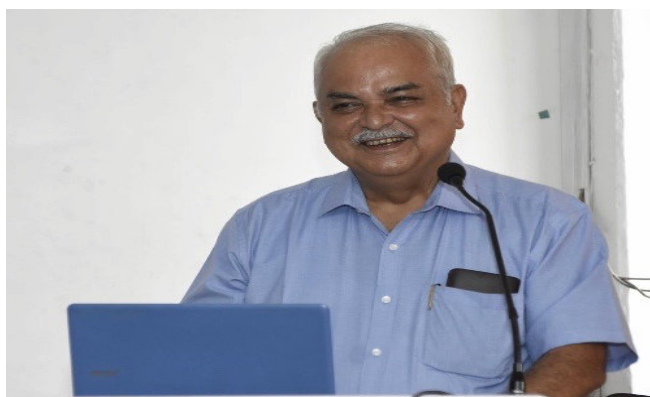


*Resource person Dr. Borgohain along with faculty members*

According to Dr Borgohain, balanced employees tend to feel more motivated and less stressed out at work, which thereby increases company productivity and reduces the number of conflicts among coworkers and management.



*Participants along with resource person at the end of the Course*



Sessions on Day 5 to Day 7 were taken by Mr. Parag Phukan. He mentioned that striking the perfect balance between career and family has always been a challenge for every employees. Now-a-daya our schedules are getting busier than ever before, which often causes our work or our personal lives to suffer.

*Resource Person Mr. Parag Phukan delivering the lecture*

## **5. Valedictory Function**

The programme came to an end with valedictory programme on 11<sup>th</sup> January, 2018. At the outset a welcome address was given by Dr. Alpana Choudhury, Director, Student Welfare USTM. It was preceded over by the Dr. Ajmol Borbhuiyan, Academic Registrar, USTM. He explained briefly the importance of Work Life Balance in the competitive generation. The program co-ordinator Dr. Rashmi Baruah gave a summary of the program and then ended the Short Term Course with vote of thanks.

## **6. Resource Person**

One expert related to the topic have been called as Resource Persons for the program. He was Dr. Satya B. Borgohain former Director of a Schedule 'A' CPSE and he has 38 years of post-qualifications experience. He received Ph.D degree in Management, an International MBA degree form Europe, a Gold Medalist in MSW (PM & IR) and also LL.B degree.



## **Campus**

**Techno City, Khanapara, Kling Road, Baridua**

**9th Mile, Ri-Bhoi, Meghalaya-793101**

**Ph. 0361-2895030/ 07002303751/ 098540-23060**

**E-mail : [ustm2011@gmail.com](mailto:ustm2011@gmail.com)**

**Web : [www.ustm.ac.in](http://www.ustm.ac.in)**

